

PEAS, BROADBEANS & CHORIZO

INGREDIENTS

250g frozen peas

250 g frozen broad beans

2 tbsps olive oil

150g chorizo, cut into chunks

Salt and pepper

Good squeeze of lemon juice

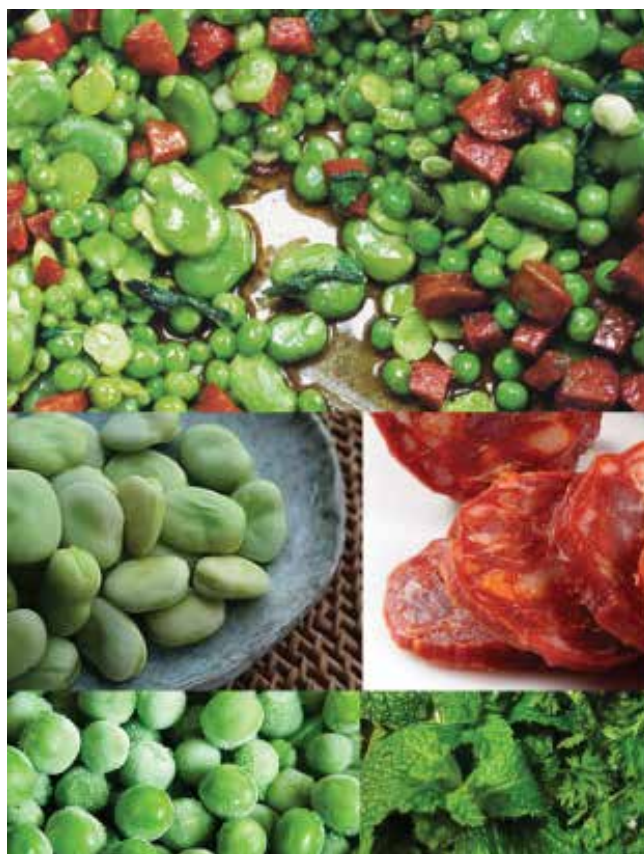
METHOD

Heat the peas and beans, either by defrosting and heating in a microwave, or by putting them in a pot of water and bringing them to the boil. They can all go in the same dish or pot. Drain once heated.

Heat the olive oil in a large pan over medium heat. Add peas and beans and heat through (if necessary)

Add lemon juice, salt and pepper

DONE! This is a fantastic, easy recipe and can be used as a side dish, or is delicious and satisfying on its own.



EXTRA'S & TIPS

Add chopped fresh parsley or mint, or both, for a fresh herby zing

Perfect for re-heating. Beans and peas might go a bit mushy but that just adds to the eating pleasure the next day.



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